THE 2015 UNITED STATES OF AGING SURVEY:
Older Adults and Professionals Who Support Them: What Matters Most?

Top Concerns: Physical and Financial Health

OLDER ADULTS
- 40% maintaining their physical health
- 35% memory loss
- 32% maintaining their mental health

PROFESSIONALS
- 43% financial scams
- 38% access to affordable housing
- 38% memory loss

Minority Are Very Prepared to Age

42% of older adults feel they’re “very prepared”

Only 10% of professionals feel older adults are “very prepared”

Staying at Home

58% of older adults have not changed residences in more than 20 years

75% intend to live in their current home for the rest of their lives

62% would like to see services that would help with home modifications and repairs

Saving & Budgeting are Key

Older adults and professionals agree on the importance of saving and budgeting

Other top priorities include:
- OLDER ADULTS:
  - Take advantage of senior discounts
  - Limit leisure expenses
- PROFESSIONALS:
  - Work beyond retirement age
  - Reduce housing costs

Communities Can Do More

47% of older adults say their community is doing enough to prepare for an aging population

37% of professionals say their community is doing enough to prepare for an aging population

Exercise & Eat Healthy to Stay Sharp

To stay mentally sharp, older adults and professionals agree on exercising and eating healthy, but older adults say #1 is keeping a positive attitude, and professionals stress the importance of keeping active socially

The United States of Aging Survey is an annual survey conducted by the National Association of Area Agencies on Aging, National Council on Aging and UnitedHealthcare. The 2015 survey comprised of 1,650 telephone interviews of a representative sample of Americans 60 and older, and professionals who work closely with them between March and May 2015. Professionals included staff from the Area Agencies on Aging, credit union managers, primary care physicians and pharmacists.

For complete survey results, visit ncoa.org/UnitedStatesofAging. Join the conversation on Twitter with #USofAging.