**WHY? Education and Support for Patients with Chronic Disease**

The Motivation for Commitment to Education and Support for Patients with Chronic Disease

1. **CDSMP is integral to Medical Home implementation.**
   
   CDSMP helps achieve successful implementation of the medical home model, as defined by the National Committee on Quality Assurance (NCQA). The use of CDSMP can provide documentable evidence of (1) linkage to community resources, (2) self-management support, and (3) care coordination – three indicators evaluated in the medical home certification process. By integrating CDSMP into your operations, you are able to reach higher scores on the Patient-Centered Medical Home Assessment (PCMH-A), a metric for medical home quality, and meet guidelines set forth by NCQA in Physician Practice Connections – Patient Centered Medical Home CMS Version (PCC-PCMH-CMS).

2. **Triple Aim alignment.**
   
   CDSMP supports your efforts to meet the Institute for Healthcare Improvement’s Triple Aim design requirements for new models of care: (1) improving the patient experience of care (including quality and satisfaction); (2) improving the health of populations; and (3) reducing the per capita cost of health care.

3. **Achievement of quality performance goals depends on patient self-management.**
   
   Performance-based contracts include quality measures associated with patient self-management (e.g., A1C, cholesterol). CDSMP improves treatment plan adherence and, in turn, key quality measures being used by CMS/Medicare (e.g., CQM, PQRS) and other payers to reimburse or penalize your practice.

4. **Raise scores in public reporting of quality metrics.**
   
   Public reporting of quality metrics is placing physicians under increasing levels of scrutiny by influencing consumer choice and perception of quality. CDSMP can help you obtain higher marks on quality scorecards, such as CMS/Medicare’s Physician Compare, a federal government rating system coming in 2014.

5. **CDSMP works.**
   
   Your practice benefits from the use of an evidence-based program built upon more than 20 years of international experience. Well-designed clinical trials have shown that CDSMP produces statistically significant, sustained improvements in health behaviors, aerobic exercise, psychological health, and communication with physicians.

6. **Enhance patient loyalty and satisfaction.**
   
   CDSMP improves physician-patient communication, a key driver in your patient satisfaction scores. In addition, patients aware of your commitment of CDSMP may identify your practice as full-service, patient-centered, and wellness-focused.

**LEARN MORE. GET GOING.**

**PROGRAMS FOR PATIENTS WITH DIABETES, HEART DISEASE, ARTHRITIS, AND OTHER CHRONIC CONDITIONS**

For more information about building and sustaining education and support programs for patients with chronic disease, contact:

Mary Jones
Program Coordinator
Your Hospital
(573) 123-4567
Mary.Jones@yourhosp.org

Missouri Regional Arthritis Centers are collaborating to support the development of chronic disease self-management programs statewide. www.MOArthritis.org