According to the results of the 2014 United States of Aging survey, low-income seniors (i.e. those making less than $15K a year) are more optimistic about their senior years, but may be under-prepared for the challenges ahead.

**Optimism**

- **71%** of low-income seniors are confident their health will improve or stay the same over the next five to 10 years.

- 53% of low-income seniors say it is easy to pay their monthly living expenses, compared with 41% in 2013.

- 50% of low-income seniors feel confident in their ability to maintain a high quality of life because of support from friends and family.

**Passive Planning**

- **77%** of low-income seniors intend to stay in their current homes, yet 79% of low-income seniors do not plan to make any home modifications to help them age in place.

- **77%** of low-income seniors (39%) are less likely than seniors nationally (53%) to have set health goals in the past 12 months.

- Only 33% of low-income seniors have created an advance directive such as a living will, compared with 53% of seniors nationally.

The United States of Aging Survey is an annual survey conducted by the National Association of Area Agencies on Aging, National Council on Aging, UnitedHealthcare and USA TODAY.

For complete survey results, visit ncoa.org/UnitedStatesofAging